



YORK HIGH SCHOOL



Tyler Herman

Assistant Principal/Activities Director

tyler.herman@yorkdukes.org

1005 Duke Drive • York, Nebraska 68467

402-362-6655

www.yorkpublic.org

Central Conference XC Meet Thursday, October 7th, 2021

Time: Varsity Girls - 4:00 Varsity Boys - 4:40
(times are approximate - please have your runners ready following previous race)

Location: York Country Club - 1016 W Elm St, York, NE 68467

Teams: Adams Central, Aurora, Crete, Holdrege, Lakeview, Lexington, Northwest, Schuyler, Seward, York

Entries: We'll be using Husky Timing out of Aurora. You'll be receiving an email this week from Athletic Net to enter your runners.

- a) All Cross Country coaches will identify the top six (6) runners as the varsity team and four (4) will score.
- b) Additional runners may enter as reserves and run concurrently with the varsity team. A reserve team score will not be kept.

Awards: Champion and Runner-up plates
Top 15 Medals

Trainer: Choc Bowen, YHS Athletic Trainer, will be on duty.

Bus Parking: Buses may drop off at the Country Club parking lot. They will need to park at Harrison Park, located on the northwest corner of the golf course.

General Information:

- **Teams may walk the course after 3:00pm**
- Please help keep runners off of the tees and greens
- Restrooms will be available on the north side of the country club, next to the Pro Shop.
 - **Please remind your athletes to keep the restrooms clean.**
- Boys - 5K Girls - 5K

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Assistant Principal/AD
York High School
308-223-0086